

# Angela Farmer's "*The Feminine Unfolding*" and introducing her new DVD "*Inner Body Flow*"

This letter is to answer your questions regarding Angela Farmers DVD's. The cost of the DVD's is \$25.00 each with \$5.00 for shipping and handling or you can order both DVD's for \$45.00 with \$5.00 S/H and save \$5.00. The original DVD, "The Feminine Unfolding" is Angela's philosophy regarding yoga and is takes you deeper into an understanding of what she has to offer. The latest DVD, "Inner Body Flow", is a class led by Angela that allows you to explore her work at home.

If you would like to purchase either of her DVD's you have the following options.

1. Phone Hands on Health at 303-778-9321 which is in Denver, CO MST. The office is open Monday, Wednesday and Friday all day and Tuesday and Thursday afternoons.
2. Email [hohwc@forethought.net](mailto:hohwc@forethought.net) or [drcanada@handsonhealthwellness.com](mailto:drcanada@handsonhealthwellness.com) and provide the information regarding your order.
3. Go online to our website, [hands-on-health.info](http://hands-on-health.info), and register yourself. Then to the Online Store which is in red at the left hand of the screen. You can either search for Angela Farmer or go to the DVD section.

If you buy 10 or more DVD's you are eligible to get our wholesale discount. This must be done by email or phone and is not available online at the website.

If you are calling or emailing, please have the following information handy:

1. How many and which DVD's you want.
2. Where you would like them sent. (they are shipped by US mail unless you are out of the US and then they are sent airmail unless you indicate you want them shipped another way)
3. Your Visa or MC number, the name on your card, the expiration date, the security number on the back (we can't process your card without that number).

If you have any further questions, please do not hesitate to contact us either by email or phone. For further information regarding Angela's classes or schedule, go to her website at [angela-victor.com](http://angela-victor.com)

Best Regards,

Sparrow